

TEENS / ADULTS DANCE & FITNESS PROGRAMMES

Note: Class schedule may be subject to change without prior notice.

All classes are on-going unless otherwise stated. Please call to check on vacancies available.

We are closed on Mondays and Public Holidays.

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TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WeBarre Fundamentals 9.00 am - 10.00 am					WeBarre Fundamentals 9.45 - 10.45 am
WeBarre Fundamentals 10.15 am - 11.15 am		WeBarre Fundamentals ^{New} 10.00 - 11.00 am			WeBarre Fundamentals 11.00 am - 12.00 pm
Zumba Fitness 10.00 am - 11.00 am					Zumba Fitness ^{New} 10.00 am - 11.00 am
Contemporary Intro 10.00 am - 11.00 am					
Adult Ballet Intro 11.00 am - 12.00 pm					
					Zumba Fitness ^{New} 4.00 pm - 5.00 pm
				WeBarre Fundamentals ^{New} 5.15 - 6.15 pm	
	Tap Beginners ^{New} 6.15 - 7.15 pm	WeBarre Signature ^{New} Multi-Level 6.15 pm - 7.15 pm			
	Pilates - "Breathing Awaken Your Senses" Techniques 6.30 pm - 7.30 pm				
	Adult Ballet Elementary 7.30 - 9.00 pm	Adult Ballet Beginners 6.45 pm - 8.00 pm	Zumba Fitness ^{New} 7.30 pm - 8.30 pm		
WeBarre Fundamentals 7.30 pm - 8.30pm	WeBarre Fundamentals 7.00 - 8.00 pm	WeBarre Fundamentals 7.30 pm - 8.30 pm			
Pointe Class 8.30 pm - 9.30 pm	Zumba Fitness 8.15 pm - 9.15 pm	Beginners Contemporary 8.00 pm - 9.30 pm			
	WeBarre Signature ^{New} Multi-Level 8.15 pm - 9.15 pm	Zumba Fitness 8.00 pm - 9.00 pm			